Development of Mediation Skillset for Youth Workers for Migrants TRAINING COURSE



1 DEVMIGRA

The **objective of DEVMIGRA** is to enhance the abilities of young individuals working with migrants. This program focuses on developing the skills of youth workers who operate in facilities such as care facilities and migration centers to assist and reintegrate migrants through a resilient approach. According to psychologists, resilience is the ability to adjust effectively to adversity, trauma, tragedy, threats, or significant stressors. Therefore, the aim is to equip young workers with the expertise to provide mental and psychosocial support to aid in the recovery process.

In recent years, there has been a rise in environmental migration, where individuals relocate due to factors such as environmental dangers, conflicts, and food shortages. These movements have been towards countries with more accessible resources, as projected by the UN International Organization for Migration. It is predicted that by 2050, the number of environmental migrants could reach 200 million. This phenomenon has created a greater demand for governments to implement policies and address the issue.

Migration can be a source of stress, particularly due to the migration process and the need to adapt to the host country's culture, which is known as acculturation. These significant stressors can have various consequences, including mental health issues. The incidence of post-traumatic stress disorder (PTSD) is exceptionally high among migrants, particularly refugees who are nearly twice as likely to experience it as migrant workers. This is according to the study titled "Stress, trauma, and posttraumatic stress disorder in migrants" (2018).

The **general priority** Inclusion and Diversity of the programme that the project wants to be addressed through the following objectives:

- **Promote non-formal education** to foster social integration for migrants.
- Providing core skills and knowledge to the youth workers to work better with migrants.
- **Improving the mental health** of young migrants further facilitating the process of integration for young migrants.

Considering the scope and objectives of the project, youth workers working with migrants are the primary target group of the project, consequently the indirect target group are young migrants suffering from social exclusion and fewer opportunities.



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2 DEVMIGRA TRAINING COURSE

The DEVMIGRA Interactive Toolkit is a tangible result that will be developed through a co-design process involving the Youth Workers who will be involved in the international piloting of the Training Format and the testing at the local level. The Toolkit will be developed as a set of guidelines on Non-Formal education activities that will foster the promotion of young migrants' skills. It will also include a list of activities, including public speaking modules and the creation of digital storytelling. The structure of the Toolkit will be based on five main subdivisions.

These subdivisions include an introduction to the general frame of the project and European priorities in the field of promoting education for people with few opportunities, the state of the art of the recognition of migrants, existent good practice instruments, the theoretical frame of the co-design process, and educational activity/actions produced in the co-design sessions. The methodology for producing the Toolkit will involve co-design sessions between Youth Workers involved in C1 and young workers participating in local training activities, as well as partner organizations, implemented during the Co-design Sessions. The co-design process will involve briefing between Youth Workers of the TC and young workers of the local training activities, as well as partner organizations regarding the typology and areas of intervention of the activities/actions that will be part of the Toolkit.

The co-design process will continue with the elaboration of a draft version of the Toolkit, which will be submitted to young migrants involved in local workshops to acquire feedback on potential aspects of improvement, integration, and adaptation of the document to enhance its usefulness from the perspective of the audience of professional users. Finally, a final version of the Toolkit will be produced and tested through processing stakeholders' feedback.

The dimension of usability of R2 will be enhanced by providing young migrants, the final beneficiaries of the deliverable, with a reference of methodologies and guidelines tested in different countries, customized in accordance with the needs and challenges of a different band of the population. The Toolkit will integrate substantial features of transferability, brought about by its multilingual character and the applicability in different countries and sectors

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3 TRAINING COURSE DETAILS

The primary focus of this seminar will be to develop a youth exchange program targeting young people under 18 years old. We are looking for enthusiastic organizations and institutions to collaborate on this project and contribute to the success of the seminar.

DATES:

ARRIVAL 10/06/2025 DEPARTURE 15/06/2025

LOCATION:

Malaga, Spain

PARTICIPANTS:

20 participants. Youth workers, Responsible of NGO's, Youth Associations, Youth leaders, Youth animators and Young people over 18 years Old

WORKING LANGUAGE(s):

English

ORGANIZER:

INTERCAMBIA

4 ACTIVITY PROGRAM

Will be sent later

5 METHODOLOGY

Working with different learning methods based on non-formal education; like self-directed learning methods, reflection, peer to peer learning... to allow the transfer of the learning into different situations and into their reality.

6 DEADLINE CALENDAR

Participants selection: 01/05/2025

Flights purchased: 10/05/2025



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7 ACCOMMODATION AND MEALS

Accommodation and meals will be selected and managed by each of the partners.

The activities will take place in the facilities of <u>La Noria</u>. It is located near the centre of Malaga, next to the Maternity Hospital.

SOCKETS

We suggest you to bring your own adaptor. Universal international adaptors are also recommended.





7.1 HOW TO GET THE YOUTH HOSTEL

There are three main airports which you can use to arrive in Malaga:

Malaga Airport

Seville Airport

Madrid Airport

Bus: Check prices and timetable: Movelia Destination: Malaga Bus Station

Train: Check prices and timetable: Renfe / Iryo / Ouigo Destination: Malaga Train Station (Maria

Zambrano)



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7.2 MAPS POINTS

- Malaga Airport
- Maria Zambrano Train Station
- Instalaciones de La Noria

7.3 PROJECT CONDITIONS

Before the project:

- You must follow deadlines
- We will not have a fixed time to present our organizations during the TC. But you should record 1 min. video about your NGO's
- You should bring materials for cultural night (food, typical clothes, drinks, flag, etc.), presentations or videos are not needed.

During the project:

- You should attend 95% of the program.
- You should respect the program schedule in order to carry out successfully the activities.
- You should be actively involved in all activities.

After the project:

- You have to fill online final report evaluation survey in Malaga after the project
- You have to fill online BENEFICIARIES MODULE final report evaluation survey in Malaga after the project
- You have to organize in your country a face-to-face informative session about YOUTH EXCHANGES, send a resume and photos of the session in the next 45 days after the project, with a minimum 5 people. (we will provide more details during the project)
- The participants in the training course will have to carry out local activities where they will put into practice what they have learnt in the course.

Please also:

- Note that people that are not part of the program won't be allowed to participate to activities, projects or accommodation
- Respect all the participants, accommodation, staff members and program activities.



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8 TRAVEL BUDGET

Participants are just allow to arrive **Maximum 2 days before** <u>or</u> <u>departure 2 days maximum After the Project</u>, as we get public funds just for project aims, <u>TRAVELERS and TOURIST Partners / participants are TOTALLY NOT WELCOME! (one more time just in case!)</u>

BUDGET

ITALY 275€

LIBANO 360€

JORDAN 275€

9 REIMBURSEMENT

NOTE: If you exceed the travel budget, the difference will not be covered, and you will have to pay for it.

To receive reimbursement, you need to provide us all the original copies of transportation (plane, train or bus) that are used during your trip from the departure city to Malaga. These include:

- Tickets
- Receipts
- Boarding passes
- Invoices

We can't reimburse:

- Travel costs without these original documents
- Taxi and private transportation (Taxi, BlaBla Car, Uber, Gasoline, high ways ticket...)

<u>IMPORTANT</u>: You can travel to Malaga maximum 2 days before OR after the project dates.



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10 WHAT TO BRING

- Intercultural Night Food to be Shared, Music, and Food Vibes!
- Take into consideration that we can not cook, boild or heat food.. ☺

Here is a list of what we recommend you to bring:

- Boarding Pass (IMPORTANT! For reimbursement documents)
- Passport / ID / Visa (Important document needed)
- A jacket for the evenings/raincoat
- Towels & toiletries

11 PARTICIPANT FORM

APP FORM

